

IOWA
FY 06; Funding 05

NETWORKS	FUNDED PROGRAMS	EMPHASIS ON NEW AREAS OF SERVICE and RESPITE/CRISIS CARE
<ul style="list-style-type: none"> • The Iowa Department of Human Services (DHS) is the lead agency appointed by the Governor to coordinate, implement and collaborate with local agencies and communities to provide prevention services. • Iowa's Community Based Child Abuse Prevention grant programs enable communities to make decisions based on the child abuse prevention needs of their particular area. Iowa currently has three umbrella agencies providing services under this grant; their goal is to enhance family functioning in order to foster family self-sufficiency and empowerment through provision of a variety of services that reach a variety of people in the community such as young parents, low-income, children with disabilities, minority families, incarcerated and about to return to society parents, dads and parents of young children. 	<ul style="list-style-type: none"> • DHS obligates CBCAP program funds to three umbrella agencies that successfully provide a statewide offering of prevention services. The three agencies, the Iowa Respite & Crisis Care Coalition, Prevent Child Abuse Iowa, and Family Directions of Iowa services develop and implement services that are: <ul style="list-style-type: none"> • Statewide • Reach diverse populations • Aim to reduce child abuse • Provide early and comprehensive support for parents • Promote the development of parenting skills especially in young parents and parents with very small children • Increase family stability and improve family access to other resources • Provide information and training • Increase public awareness of respite services and its benefits • The Iowa Respite & Crisis Care Coalition crisis childcare and respite services utilized CBCAP funds to provide outcome based prevention services across the state through two programs: Direct Family Access and the Crisis Child Care program. The programs provide short-term relief for families and crisis support and are open to residents in every county across Iowa. • Prevent Child Abuse Iowa (PCA) was awarded funds and provided statewide Young Families Initiative (YFI) projects, a parent education program targeted at families with young children in order to promote early intervention and prevention activities that reduce the risk of child 	<ul style="list-style-type: none"> • The Direct Family Access Program (DFA) was developed in 2001 to assist families who need respite care, but who do not have funds to purchase respite. It is also a very cost-effective way for families to spend the limited respite dollars available as it eliminates the need for administrative fees. If families have the need for an agency provider, they have the option of using one. • Crisis childcare services can be provided to families regardless of income whenever children are at risk of child abuse or neglect. Five sites were awarded funds this year. • PCA Iowa delivered Young Families Initiative (YFI) services through its extensive network of local child abuse prevention councils. Using a statewide RFP process, PCA Iowa awarded grants to councils for services in 30 counties. • The "Nest" is a parenting program primarily for families who are pregnant and/or have children under three. Families are encouraged to receive early prenatal care, access consistent health care for their children, and attend parenting classes. Parents receive points for attending classes, and the families buy baby items with the points they earn. • IRCCC has continued outreach to families with children who have disabilities and have steadily

	<p>abuse by developing and enhancing networks of community-based, prevention-focused, family support programs.</p> <ul style="list-style-type: none"> • CBCAP funds supported 52 parents' and children's Parents Anonymous programs meeting in community locations such as libraries, community churches, day care centers, schools, community centers and institutional settings. 	<p>increased their service over the past six years.</p> <ul style="list-style-type: none"> • PCA continued to reach as many families as possible as well as continuing services to Spanish speaking families and outreach to fathers. Fathers only services were continued in some counties and outreach was made to encourage fathers to attend programs.
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DESCRIPTION OF NUMBER OF FAMILIES SERVED	EVALUATION AND QUANTITATIVE SERVICE INFORMATION	TRAINING AND TECHNICAL ASSISTANCE PROVIDED
<ul style="list-style-type: none"> • 2582 families were served during the fiscal year. • 476 children had a disability. • 211 parents had a disability. • 283 people were served by the Direct Family Access Respite. • 621 children were served by Crisis Child Care supports. 39 of those had cognitive, physical or mental health disabilities. • Of all persons served in Respite and Crisis Child Care programs, 81.2% were Caucasian, 10.7% were African American, 4.2% were Hispanic, 2.8 percent were Native American, and 2.1 % were other. 	<ul style="list-style-type: none"> • Evaluation is also done through parent satisfaction surveys as well as the peer review process. • Prevent Child Abuse Iowa requires that projects ask participants to complete family information forms in order to help PCA Iowa determine if projects are reaching young families and involving families from minority or under served populations. The forms also allow PCA Iowa to assess the extent to which projects are reaching families at greater risk of abuse because of stresses like limited income, drugs, physical or mental health problems, or relationship difficulties. • Family Directions of Iowa maintains an accurate compilation of programs data through a National Data Base supplied through the Organization's accreditation with Parents Anonymous. • A demonstration of high levels of satisfaction among families who have used the services of the CBCAP Program were documented and reported by Crisis Child Care programs. • In Prevent Child Abuse Iowa programs, parents reported: an increase in effective and positive parenting skills; 	<ul style="list-style-type: none"> • The lead agency provides ongoing technical assistance, evaluation and monitoring of the grantee agencies through the contracted program manager. Technical assistance is available daily as well as scheduled site visits and file reviews are conducted. Training is provided bi-annually through Iowa Family Resource Network events. • Professional development is achieved through the annual conferences that Prevent Child Abuse and Iowa Respite & Crisis Care Coalition. • Grantee agencies are required to provide ongoing quality training to staff as well as mandatory child abuse reporting training (every five years). • Prevent Child Abuse Iowa hosted its annual prevention conference in which the lead agency and CBCP partners assist in the planning committee and participate. This year's theme was "Protecting Children is Everyone's

	<p>significant changes that lowered family stress and improved family functioning, thereby reducing the risk of abuse; and increased social and community connections.</p> <ul style="list-style-type: none"> • Family Directions of Iowa uses Results Based Accountability to build a system of accountability and effectiveness in all Agency programs and to demonstrate that the agency has met and/or addressed an inventory of unmet needs as gathered from program participants. • Iowa's CBCAP funded programs seem to be on there way to being evidence based as each agency has met the requirements on the checklist for being considered Level I based on their self evaluations using the provided checklist. Two of the agencies have also met criteria in Levels II and III. 	<p>Business" and was attended by 450 people from across the state. Dr. Stephen Bavolek, the opening keynote presenter spoke about "Parenting Instruction and Making Families Stronger". FRIENDS allowed Iowa to use a technical assistance visit to bring, Neil and Denise Tift to present "Understanding Maternal and Paternal Parenting Styles, where participants learned about the importance of fathers in parenting and strategies for getting fathers more involved.</p>
INNOVATIVE FUNDING MECHANISMS	PEER REVIEW	PARENT LEADERSHIP
<ul style="list-style-type: none"> • The Community-Based Child Abuse Prevention grant funds work in a complimentary fashion with the federal Promoting Safe and Stable Families grant program, the State's de-categorization funds, Empowerment funds, Community Partnerships for the Protection of Children program and Family Support Subsidy programs. Each of these programs echo the goals of CBCAP: <ul style="list-style-type: none"> • Promoting community-based services • Prevention of focused services • Family resource and support programs • The agencies also work to blend other funds to support these prevention programs including: <ul style="list-style-type: none"> • casino grant funds, 	<ul style="list-style-type: none"> • Peer Reviews of state CBCAP programs are conducted in two parts: <ul style="list-style-type: none"> • each funded agency has a board that assists in the process; and • the peer review process is also a piece of the Iowa Family Resource Network planning committee. The committee includes two parent members who participate in a review of each of the agency's programs as well as conducts a site visit one time during the grant year. Results are discussed at a meeting and each participant is provided a chance to make suggestions and express any concerns. 	<ul style="list-style-type: none"> • Parents are members and planning committee members the Iowa Family Resource Network. Parents are also board members as well as office holders on each of the three-grantee agencies and play an integral role in the planning and implementation of programs and serve on various work groups. • Parent involvement and input is solicited via family newsletters and surveys. • Iowa Respite & Crisis Care emphasizes the supporting families in leadership roles. In order to ensure the active leadership involvement of parents in the Coalition, the organization By-Laws require at least 50 percent of the board members have family members with a special need or have a special need themselves. This year 83 percent met that category. In addition, the executive committee is required to include 60 percent family members. This year that percentage was 80 percent. This requirement is generally superseded thus ensuring even

<ul style="list-style-type: none"> • private donations, • United Way funding, and • several foundation awards. 		<p>greater influence and participation of family members in on-going program planning, implementation and evaluation.</p> <ul style="list-style-type: none"> • Family involvement has been important on the Training Committee that plans both the annual conference and the spring direct care training sessions. Forty-five percent of the committee are family members helping to assure that conferences and training has appeal for families.
<p>LINKAGES WITH OTHER SYSTEMS (CHILD WELFARE, PSSF, ETC.)</p>	<p>OTHER ELEMENTS:</p>	
<ul style="list-style-type: none"> • Iowa's statewide network, the Iowa Family Resource Network (IFRN), currently consists of 250 participating members including: <ul style="list-style-type: none"> • CBCAP grantees; • Promoting Safe & Stable Families grantees; • DHS program managers; • local community partnerships for the protection of children(CPPC); • parents; • daycare providers; • school staff; and • various prevention/ child focused agencies across the state. 	<ul style="list-style-type: none"> • April 2006 Child Abuse Prevention month activities were focused on building strong and healthy families. • This year DHS partnered with IFRN member agencies across the state to bulk order the booklet "101 Ways to be a Great Parent" which was handed out to parents free of charge through various avenues and offered on the website. The booklet contains parenting tips and valuable advice such as: communicating with your child, discipline with love, developing family togetherness. The booklet was also distributed at the Iowa State Fair. • Community Resource Packets were made available to all Iowa Family Resource Network members, agency families being served, as well as Iowa schools. These packets were mailed out, hand delivered and available electronically via IFRN.org our network website. • In April 2006, Family Directions of Iowa again partnered with Fazoli's Corporation to raise community support and funds for Child Abuse Prevention. Seven Iowa restaurants participated in a six-week Blue Ribbon fundraising and community awareness campaign. Restaurant patrons were asked to contribute a dollar to prevent child abuse in Iowa, and Blue Ribbon cards were displayed throughout their stores. 	

State Allowable Claims:	\$9,135,145
Population-Based Allocations:	\$260,796
Leveraged-Funds-Based Allocations:	\$446,253
Final State Allocations:	\$707,049

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