

ARIZONA  
FY 06; Funding 05

NETWORKS	FUNDED PROGRAMS	EMPHASIS ON NEW AREAS OF SERVICE and RESPITE/CRISIS CARE
<ul style="list-style-type: none"> <li>▪ CBCAP supports Healthy Families AZ (HFAz), a statewide network of home visiting programs for at-risk families.               <ul style="list-style-type: none"> <li>• The network is composed of 55 program sites and 3 family assessment sites.</li> <li>• The network of HFAz programs shares information through Quarterly Supervisors' meetings, Policy and Procedures Committee meetings, Training Committee meetings, Credentialing Committee meetings, Excellence Committee meetings, emails, statewide Training Institutes twice a year, and conference calls.</li> <li>• Policy and Procedure and Training Committees both have active representation geographically and by job description so that all areas in the state have input in developing policies, products and training opportunities for the statewide system.</li> </ul> </li> <li>▪ Regional Child Abuse Councils increase public awareness through educational campaigns and advocate for effective programs and policies to prevent child abuse and neglect. A Regional Council is comprised of professional, business, and civic sector volunteers.</li> <li>▪ The annual statewide Child Abuse Prevention Conference is planned by a diverse group of people representative of the community; 805 people attended the two day conference and 130 people attended the one-day pre-conference on Implications of Attachment Theory for Child Abuse Prevention.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Home Visiting</li> </ul>	<p><b>Inventory</b></p> <ul style="list-style-type: none"> <li>▪ The 2004 Action Plan for Reform of Arizona's Child Protection System is used to describe services available in AZ and includes a matrix showing risk and protective factors, strategies for prevention/intervention, and effective models and programs to address the various areas. The "Plan" contains a child abuse and neglect prevention continuum of services identified by the Prevention System Subcommittee as effective.</li> </ul> <p><b>New Services/Meeting Unmet Needs</b></p> <ul style="list-style-type: none"> <li>▪ The HFAz program has grown from 23 program sites and 2 family assessment sites to 55 programs and 3 family assessment sites providing an opportunity to serve more at-risk families in underserved areas, including families with CPS involvement and beginning before the birth of the baby.</li> <li>▪ Lead agency awarded funds to all home visiting sites to help program families access respite care, to help prevent a program family from becoming homeless, or to help access mental health services depending on needs identified by an individual family's service plan.</li> <li>▪ The AZ Child Abuse and Neglect (CAN) Plan outlined 27 strategies to help provide support to families. A few of the new activities the lead agency is involved with were:               <ul style="list-style-type: none"> <li>• Two private foundations supported efforts to distribute AZ Parents Kit to all families giving birth in one county and several other areas of the state. The Kit includes the AZ Parent Guide and a</li> </ul> </li> </ul>

		<p>magnet listing the newly launched Birth to Five Helpline, a children's board book and six videos on topics such as discipline, your healthy baby, and quality child care. Kits are available in both Spanish and English.</p> <ul style="list-style-type: none"> <li>♦ Never Shake a Baby program partnered with all 58 home visiting sites to educate families on shaken baby syndrome.</li> <li>♦ Regional Child Abuse Councils engaged in public awareness education campaigns on the dangers of leaving children in cars, Internet Safety, and value systems.</li> </ul>
DESCRIPTION OF NUMBER OF FAMILIES SERVED	EVALUATION AND QUANTITATIVE SERVICE INFORMATION	TRAINING and TECHNICAL ASSISTANCE PROVIDED
<p><b>Numbers Served</b></p> <ul style="list-style-type: none"> <li>▪ In SFY 06, 5,008 families were served by the HFAz program, up from 3,564 in FY2005 and 2,301 in FY 2004. CBCAP funds were used to provide services to about 4% of the total served (259 families, 342 parents and caretakers, and 518 children).</li> <li>▪ Risk factors and number of participants with these factors at intake are: <ul style="list-style-type: none"> <li>• Teen births (32.6% prenatal and 25.4% postnatal)</li> <li>• Births to single parents (68.7% prenatal and 66.7% postnatal)</li> <li>• Less than high school education (69.7% prenatal and 63.4% postnatal)</li> <li>• Not employed (85.1% postnatal)</li> <li>• No health insurance (7.9% prenatal and 2.3% postnatal)</li> <li>• Receives AHCCCS - AZ's Medicaid (83.4% prenatal and 88.3% postnatal)</li> <li>• Late or no prenatal care (32% prenatal and 35.9% postnatal)</li> <li>• Median yearly income (\$12,000 prenatal, and \$12,000 postnatal)</li> <li>• Data are also provided on ethnic diversity and risk factors for infants at intake.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>▪ The contracted evaluation team developed and disseminated logic models for Healthy Families program for both prenatal and postnatal services.</li> </ul> <p><i>Healthy Families Parenting Inventory</i></p> <ul style="list-style-type: none"> <li>▪ Healthy Families AZ Evaluation Report for FY 2006 found that: <ul style="list-style-type: none"> <li>♦ Parents improved on 8 of 10 subscales of the Healthy Families Parenting Inventory (HFPI) in areas such as mobilizing resources, social support, increased parenting competence, improved problem solving, improved parent-child interactions, and decreased depression. Effects improve with time.</li> <li>♦ Child health and development indicators show positive results including an 84% immunization rate for the children of postnatal participants in the program at 18 months, compared to a 79% immunization rate for 2-year olds in AZ. A large percentage of families were linked to a medical doctor (98%). Over 90% of parents are using safety practices at 24 month assessment.</li> <li>♦ Child Abuse and Neglect rates among participants continue to be low (0.76%).</li> </ul> </li> </ul> <p><i>Longitudinal Study</i></p> <ul style="list-style-type: none"> <li>▪ The HFAz Longitudinal Study began two years ago. Data are collected from the same families over five years and focused on children ages 0-5. A group of 95 families who</li> </ul>	<ul style="list-style-type: none"> <li>▪ Lead agency provides technical assistance to the Regional Child Abuse Prevention Councils and provides technical assistance to HFAz sites. Staff also assist on the Child Abuse Prevention Conference Planning Committee and serve on the majority of HFAz Committees, including the Training Committee.</li> <li>▪ The yearly Child Abuse Prevention Conference is one of the main annual training activities and brings together people from a wide range of prevention and family support services across the state, including many of the community volunteers who are active on Regional Child Abuse Prevention Councils.</li> </ul> <p><i>HFAz Training and TA</i></p> <ul style="list-style-type: none"> <li>▪ All HFAz staff are required to complete an initial 30+ hours training, complete jump start modules with supervisors before they conduct independent home visits, attend Training Institutes twice a year, and participate in at least 30 hours of additional family-centered training on an annual basis.</li> <li>▪ HFAz Training Institutes and Child Abuse Prevention Conference both provided training and education on helping families who have children with disabilities and also parents with disabilities.</li> </ul>

<ul style="list-style-type: none"> <li>▪ HFAz provides early intervention referrals for children identified with development delays: <ul style="list-style-type: none"> <li>♦ Number of Children with disabilities served: 280 (14.5 with CBCAP funds)</li> <li>♦ Number of adults with disabilities: 294 (15 with CBCAP funds)</li> </ul> </li> <li>▪ Twenty Statewide Regional Child Abuse Councils estimate that 2,683,138 individuals were reached through education and public awareness. Of this, 1,287,906 were reached using CBCAP match money</li> </ul> <p><b>Outreach</b></p> <ul style="list-style-type: none"> <li>▪ <i>Outreach to families prenatally.</i> HFAz started enrolling families before the birth of the baby, by partnering with prenatal clinics or hospital prenatal programs. From Oct. 1, 2005 to Sept. 30, 2006, HFAz enrolled and served 466 prenatal families, up from 183 in 2004-05.</li> <li>▪ <i>Child Protective Services Involved Families:</i> HFAz has provided outreach education to CPS staff statewide so that they will make appropriate referrals to the program.</li> <li>▪ <i>Outreach to racial and ethnic minorities:</i> Target populations for the program include two of AZ's largest populations, Native Americans and Hispanics.</li> <li>▪ HFAz continues to outreach to rural and culturally diverse populations.</li> <li>▪ <i>Outreach to Fathers:</i> HFAz focused Training Institutes and other training opportunities on providing training for home visitors, family assessment workers, and the supervisors in knowing how to help fathers and/or other significant males to be actively involved in a child's healthy growth and development. HFAz also has the "Men Involved in the Lives of their Kids" (MILK) Task Force that works to promote and support responsible fatherhood.</li> <li>▪ Now a legislative requirement of the HFAz law, HFAz continues to provide healthy marriage promotion.</li> </ul>	<p>enroll in HFAz services (the experimental group) will be compared to a group of 95 families who did not receive the program (control group). The outcome study component for the evaluation will assess changes with the families and will compare across families in the two groups over time.</p> <ul style="list-style-type: none"> <li>▪ The evaluation differs from the ongoing evaluation of HFAZ that has been conducted annually since 1991: <ul style="list-style-type: none"> <li>• The previous evaluation did not follow families once they left the program. These families will be followed for 5 years, whether or not they remain in the program</li> <li>• The longitudinal study uses a randomized control group as opposed to a comparison group to determine program effectiveness</li> <li>• The longitudinal study employs additional measures not currently assessed in the ongoing evaluation in order to measure a full-range of risk and protective factors.</li> </ul> </li> <li>▪ To date, study results have focused on participant recruitment and retention: <ul style="list-style-type: none"> <li>♦ As of October 31, 2006, 95 families had been recruited to the control group and an additional 10 families were still needed for the experimental group.</li> <li>♦ 175 baseline interviews, 78 six month and 2 twelve month interviews have been conducted.</li> <li>♦ Retention at 6 months was 95%.</li> </ul> </li> <li>▪ <i>Participant Satisfaction</i> is assessed with "Healthy Families AZ Participant Satisfaction Survey." 1,134 participants from 47 sites took the survey and most responses were answered in the "Always" range, which shows significant satisfaction. Overall satisfaction for all sites based solely on those respondents who answered "Always" on the 17 satisfaction questions was 97%. Responses are broken down by sites so that local programs receive individual feedback.</li> <li>▪ <i>Evidenced Based Programs:</i> The lead agency identifies Healthy Families AZ as a Level I Emerging and Evidence Informed Program.</li> <li>▪ The evaluation of the 17th Annual Statewide Child Abuse Prevention Conference demonstrated a high satisfaction rate among the attendees.</li> </ul>	<ul style="list-style-type: none"> <li>▪ HFAz launched a web portal which assists with staff consultation, tracks training for all staff, registers for trainings, and hosts a discussion board. The Training and Quality Assurance team developed the first distance-learning module for Orientation training.</li> <li>▪ HFAz Training Institutes also offered ongoing training in cultural competency and diversity and specialized training for local sites to assist with difficult family issues, such as mental health, family violence and substance abuse.</li> </ul>
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<ul style="list-style-type: none"> <li>▪ <i>Outreach to Teen Parents:</i> Training Institute continues to offer workshops and information on working with and involving teen parents, including teen fathers.</li> <li>▪ <i>Outreach to Faith-Based Community:</i> Division of Children, Youth and Families organized a statewide effort to bring child welfare professionals and faith leaders together.</li> <li>▪ <i>Outreach to Families of Children with Disabilities:</i> All staff attend training in identifying social and emotional delay in babies and toddlers in the program so that they can be referred to early intervention programs.</li> </ul>		
<b>INNOVATIVE FUNDING MECHANISMS</b>	<b>PEER REVIEW</b>	<b>PARENT LEADERSHIP</b>
<ul style="list-style-type: none"> <li>▪ Blended funding that supports the HFAz program and evaluation came from the following sources: CBCAP, State General Fund; tobacco settlement money, TANF, Child Abuse Prevention (CAP) Fund, Lottery funds, and the Governor's Division for Substance Abuse Policy, Parents Commission. \$15.3 million in blended funding was spent on the HFAz program. Blended funding for the Regional CAP Councils and the annual CAP Conference came from the Child Abuse Prevention Fund and the CBCAP grant.</li> <li>▪ Conference provider raises additional funds from a broad base of agencies and businesses</li> </ul>	<ul style="list-style-type: none"> <li>▪ The AZ peer review process involves local site visits twice a year by the Quality Assurance team, who observes supervisors with staff, home visits, and a hospital intake interview with a family. Team also speaks with a parent. 116 Quality Assurance site visits and reports are completed annually.</li> <li>▪ Minutes from HFAz Quarterly Supervisors' meetings are reviewed as part of the peer review process.</li> <li>▪ The credentialing process from Prevent Child Abuse America involved peer review site visits by national peer review teams. HFAz statewide system was recertified for four years. In addition, AZ now has five nationally trained credentialing peer reviewers who review other states' programs.</li> <li>▪ Peer review for the statewide Regional Child Abuse Prevention Council is done in their three-times-a year statewide meetings.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Each HFAz program site must form a local advisory board which must be composed of community representatives and families.</li> <li>▪ As part of the credentialing process, HFAz must demonstrate that the program has a mechanism for families to serve on the organizing board or otherwise provide formalized input.</li> <li>▪ In Regional Prevention Councils, parent participation is assured because volunteers in the community organize and run them.</li> </ul>
<b>LINKAGES WITH OTHER SYSTEMS (CHILD WELFARE, PSSF, ETC.)</b>	<b>OTHER ELEMENTS:</b>	
<ul style="list-style-type: none"> <li>▪ The statewide HFAz Steering Committee worked with other groups, including the Children's Action Alliance, to help create</li> </ul>	<p>Child Abuse Prevention Month Activities:</p> <ul style="list-style-type: none"> <li>▪ Lead agency hosted its own event in the Dept of Economic Security building and the State Capitol with an education</li> </ul>	<ul style="list-style-type: none"> <li>▪</li> </ul>

<p>system change in state policies to improve home visiting services to children and families. The Steering Committee also held a day-long retreat to update the HFAz strategic plan and coordinate with the Governor's Prevention Subcommittee Plan.</p> <ul style="list-style-type: none"> <li>▪ The CBCAP lead agency, Dept. of Economic Security, is also the child welfare agency. Therefore, the lead agency is the entity that does the Child and Family Service Review/Program Improvement Plan (CFSR/PIP) and the IV-B planning process. . The Manager of the Office of Prevention and Family Support (OPFS) which is over the CBCAP program, attended team meetings on issues pertaining to the CFSR/PIP and IV-B planning process. OPFS staff often provide information on prevention and family support to child welfare staff.</li> <li>▪ HFAz serves newborns that had substantiated CPS reports and works closely with CPS in providing services where appropriate.</li> </ul>	<p>table. New promotional materials using the reframed message were distributed.</p> <ul style="list-style-type: none"> <li>▪ Blue wristbands were given to all DCYF employees and each week through the month of April, email messages went out to 10,000+ DES employees promoting child abuse prevention.</li> <li>▪ Regional Child Abuse Prevention Councils planned community activities, conferences and public awareness media events.</li> <li>▪ A condensed, slick version of the Action Plan for Reform of AZ Child Protective Services System called the AZ CAN! Plan was launched during Child Abuse Prevention Month.</li> </ul>	
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<b>State Allowable Claims:</b>	<b>\$5,811,191</b>
<b>Population-Based Allocations:</b>	<b>\$ 485,927</b>
<b>Leveraged-Funds-Based Allocations:</b>	<b>\$ 283,877</b>
<b>Final State Allocations:</b>	<b>\$ 769,804</b>

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