

IOWA
FY 04; Funding 03

| NETWORKS | FUNDED PROGRAMS | EMPHASIS ON NEW AREAS OF SERVICE and RESPITE/CRISIS CARE |
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| <ul style="list-style-type: none"> ▪ The Iowa Family Resource Network meets twice a year to share updates, best practices, parent stories, grant writing tips, and innovative funding ideas. The Network also hosts trainings and operates a website. The Network has 164 members, including CBCAP grantees, Promoting Safe and Stable Families grantees, Department of Human Service program managers, parents, childcare providers, school staff, and staff from other prevention/child-focused agencies. ▪ The Network’s planning committee is responsible for planning network meetings, increasing network membership, and organizing public awareness campaigns. The planning committee includes two representatives from the three CBCAP grantees, two parents, and the CBCAP program manager. ▪ Each of the three grantees has a statewide network of programs or services. | <ul style="list-style-type: none"> ▪ CBCAP provides funding to the Iowa Respite and Crisis Care Coalition, Prevent Child Abuse Iowa, and Parents Anonymous of Iowa. The three agencies provide the following services: <ul style="list-style-type: none"> • Respite and crisis care • Parent education through Young Families Initiative projects • Home visits • Parent-child activities • Parent support groups • Children’s programs on self-esteem and problem-solving (while parents attend support groups) | <ul style="list-style-type: none"> ▪ Under CBCAP, 58 of Iowa’s 99 counties received respite services, and 18 counties received crisis childcare. Through the Direct Family Access program, families can apply for up to \$600 per individual with a disability for respite services (families secure their own provider and negotiate the rate). ▪ The number of families served by the respite care programs increased from 91 in FY02 to 192 in FY04. The number of hours of crisis child care provided increased from 6,991 in FY02 to 9,145 in FY04. ▪ Parents Anonymous instituted a new program of parenting classes called “The Parenting Way.” The state hopes to expand the availability of the new program. |

| DESCRIPTION OF NUMBER OF FAMILIES SERVED | EVALUATION AND QUANTITATIVE SERVICE INFORMATION | INNOVATIVE FUNDING MECHANISMS |
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| <ul style="list-style-type: none"> ▪ 451 families received respite or crisis care services, of which 192 had a family member with a disability. ▪ 2,025 parents and 2,555 children received parenting classes, including at least 150 children with special needs. ▪ 310 individuals participated in Parents Anonymous programs. | <ul style="list-style-type: none"> ▪ On satisfaction surveys to families receiving respite care and crisis child care, 100% expressed satisfaction with the quality of services received, and 100% reported that the services decreased stress at home. ▪ On evaluations completed by participants in the Young Families Initiative program, 62% of participants rated the projects as Excellent and 29% rated the projects as Above Average. Parents reported significant increases in knowledge after participating in the program. ▪ 90% of the parents who participated in Parents Anonymous programs reported overall satisfaction with program services. In addition: <ul style="list-style-type: none"> • 90% reported an increase in parental competencies • 85% reported increased knowledge and use of positive parenting skills • 85% report being better role models for their children • 93% reported that Parents Anonymous helped them to deal with stress that might otherwise have caused them to abuse or neglect their children | <ul style="list-style-type: none"> ▪ The CBCAP grant funds work in a complementary fashion with the Promoting Safe and Stable Families grant, the state's Decategorization funds, Empowerment funds, and Family Support Subsidy programs. The Department of Human Services allocated funds to local community collaboratives from one or more of the program funds. ▪ CBCAP grantees blended funds at the local level by utilizing casino grant funds, private donations, United Way funding, and foundation awards. In addition, local programs utilize extensive in-kind contributions: the Young Families Initiative program reported that 686 volunteers provided nearly 7,000 hours of volunteer time. ▪ The three CBACP grantees and the Iowa Family Resource Network pooled funds to operate a display booth at the Iowa State Fair, during which over 40,000 copies of parenting materials were distributed. |
| PEER REVIEW | PARENT LEADERSHIP | LINKAGES WITH OTHER SYSTEMS (CHILD WELFARE, PSSF, ETC.) |
| <ul style="list-style-type: none"> ▪ The Iowa Family Resource Network (IFRN) planning committee participates in an annual review of each agency's programs, which involves site visits. The results are discussed at a meeting, and each of the participants is provided a chance to make suggestions and | <ul style="list-style-type: none"> ▪ 25 parents sit on the Iowa Family Resource Network, and 2 parents sit on the Network's planning committee. Parents are offered stipends for lost wages, child care, or travel expenses. ▪ At the grantee level, parents serve as leaders in the | <ul style="list-style-type: none"> ▪ CBCAP programs are involved with the CFSR/PIP. The CBCAP program manager is a member of the Iowa Early Childhood Stakeholders committee, which oversees all decisions and policies made in this area regarding the PIP as well as Iowa's overall plan. |

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| <p>express concerns.</p> <ul style="list-style-type: none"> ▪ The planning committee is currently working on a more measurable way of evaluating programs and coordinating data collection across the three grantees. ▪ In addition to the IFRN peer review process, each grantee has participated in other review processes: <ul style="list-style-type: none"> • Parents Anonymous participated in the United Way Peer Review program and achieved the highest possible ratings. • The Iowa Respite and Crisis Care Coalition Executive Committee completed reviews of the respite care program and provided technical assistance. | <p>following ways:</p> <ul style="list-style-type: none"> • Teaching classes and planning events for parents • Assisting with public awareness efforts • Recruiting families • Determining meeting topics • Serving on boards and councils • Chairing committees • Serving on a Parent Leadership Team • Co-presenting workshops and trainings • Co-facilitating support groups • Being nominated to serve on national committees <ul style="list-style-type: none"> ▪ The Iowa Respite and Crisis Care Coalition requires 50% of board members to have a special need or have a family member with a special need. In FFY04, 71% of board members met the criteria. Stipends are provided to parents to enable them to attend the annual conference. | <p>Executive directors from two of the grantees serve on stakeholder groups and advisory committees regarding the CFSR process.</p> <ul style="list-style-type: none"> ▪ The Network includes both CBCAP grantees and Promoting Safe and Stable Families grantees, |
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OTHER ELEMENTS:

- **Administration priorities:** CBCAP programs work to strengthen marriages by providing respite care to couples and through parent education. Programs also provide outreach to faith-based organizations through presentations to churches and pastors and by locating some services within faith-based organizations.

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| State Allowable Claims: | \$8,042,899 |
| Population-Based Allocations: | \$ 186,814 |
| Leveraged-Funds-Based Allocations: | \$ 276,236 |
| Final State Allocations: | \$ 463,050 |

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